**Recommended Provider List**

 **Chiropractor:**

Grassroots Health and Wellness- 615-604-9872
Berry Hill Chiropractic and Wellness- 615-208-5030

**CFT/CST:**

Grassroots Health and Wellness - 615-604-9872

**Release Provider:**Paige Prather Smiles – 615-771-2151

**Dental Provider:**Center for Holistic and Biological Dentistry-
615-481-4555

Paige Prather Smiles- 615-771-2151

**Osteopathic Manipulations:**Yumie Burden, D.O.- Mount Juliet- 615-288-8954 **Primary Care Provider:**Hopewell Family Care- 615-933-3633

Fiat Integrative Healthy- 629-252-7880

Avery Mae Pediatrics-615-261-1313

**Birth Doulas**Nourished Haven- 618-571-0035

**Mental Health/ Postpartum Mental Health:**Kristine Stanfield, LPC-MHSP,NCC- 615-410-9713

-In person and TeleHealth options available

Carrie Dodd,LPC- 615-714-9377