

Work on full body health for patients of any age, beginning with the muscles of the mouth!

5 GOALS TO HELP AIRWAY

1. Nasal Breathing
2. Happy Baby, Happy Parents
3. Correct Tongue Posture
4. Lip Seal and/or Latch
5. Correct Swallowing pattern

NEED TO ASSESS

1. Nasal Clearance
2. Tongue Tie
3. Tongue Space
4. Tongue Tone

Lactation Consultation - \$225
(Follow Up Lactation appointments are \$175) - Check for coverage through Lactation Network:
<https://go.lactationnetwork.com/TheBreatheWellGroup>

Oral Motor Exam - \$250

Follow Up Neuromuscular Therapy Appointments - \$90



Lactation and/or Oral Motor Skills Counseling



Neuromuscular re-education of the head, neck and throat muscles in collaboration with other professionals

Therapy is 95% awareness!

The BreatheWell group provides MyoFunctional therapy. This therapy strengthens oral muscles and helps individuals re-establish proper oral function. We find that many infants up through adults have established a series of bad habits that create poor function which directly affects the muscles and their strength. Our coaches provide a full anatomical evaluation and then create a custom plan for each client.

AIRWAY is our focus!!

Babies



The BreatheWell Group

Function with a purpose.

www.thebreathewellgroup.com

CALL: 615-754-2134

TEXT: 615- 541-9249



Lip Seal

Protects developing teeth from changes in PH balance associated with mouth breathing which increases risk of cavities and gut health issues. Helps holds the framework of the arches and stabilize teeth as they grow in.




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Hi! Congratulations on the new baby! We are excited to work with you on your breastfeeding journey. Here are a few things to note before your appointment:

- If this is an in-home visit, the consultant will come to the address you provided in your SimplePractice account. Please make sure that address is accurate.
- Please make sure to complete all paperwork and medical history forms in a timely manner, as these need to be reviewed by the consultant ahead of the appointment.
- We want the baby hungry and ready to eat during the appointment window, as the consultant will want to observe a breastfeeding session.
- If you are using a breast pump and want to have the fit of your flanges assessed, please have the parts clean and ready to use.
- If you would like to add on a Oral Motor Evaluation, let us know and we can adjust the appointment time and fee.

Infant Oral Motor Sessions

After the evaluation we will usually schedule 3-5 sessions to target all oral muscles to manually obtain correct function.

Each session is a building block. Target goals must be hit before moving forward.

Depending on your baby's developmental needs, our infant sessions may also include habit elimination and or introduction of foods that compliment lactation.

